

Transformation through Touch

COCOA BEACH, FL • April 29-May 1, 2025



# **EARN 24 CE'S through NCBTMB**

"The beauty of this work moved me to tears.

After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."

A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely."

J. Groom, LMT, Denver, CO

Sacred Lomi
PO Box 1206
Agoura Hills, CA 91376-1206
(818) 865-8813 • aloha@sacredlomi.com
www.sacredlomi.com

## This Three Day Workshop

is an experiential journey into the art of Sacred Lomi\*, a unique form of transformational Lomilomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing This course is for new students and students who want to refine their skills and deepen their practice.

## Participants will learn

Lomilomi Forearm Techniques, Prone and Supine Conscious Stretching & Alignment • Sacred Touch Aloha • Flowing Forearm Techniques • Self Care History of Lomilomi • Sacred Principles • Sacred Space Ho'oponopono • Exercises in Presence & Self Awareness Grounding • Boundaries • Adapting the work for Spas



# Participants Earn 24 NCBTMB CE's

Sacred Lomi® is a NCBTMB Approved Provider #291111-00

## **Workshop Location**

Country Inn & Suites 9009 Astronaut Blvd, Cape Canaveral, FL 32920 321-784-8500 www.countryinn.com/portcanaveralfl

The Country Inn & Suites features a pool, free hot breakfast, free wireless internet and amini-fridge in room. A few minutes from the beach. Group rate for Sacred Lomi \$129 plus tax until 3/29/25. Visit our website for the booking link.



**Tom Cochran** is the founder of Sacred Lomi. He has been facilitating workshops for over 25 years. Tom's life-long passion is supporting others to heal, to connect with their authentic power and to deepen their self awareness. He has an extensive background in Native teachings, Hawaiian Temple Bodywork, Yoga, Meditation, Dreamwork and Somatic Experiencing.

Kim Konopaski is an advanced teacher of Sacred Lomi and a practitioner since '09. She is a business owner and yoga instructor trained in Deep Tissue, Injury Treatment massage, Trigger Point, Cupping, Hot Stone and Swedish massage. Kim brings a deep, heart-felt approach, technical knowledge, vast experience and limitless compassion.



## COCOA BEACH REGISTRATION April 29-May 1, 2025

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Please register early to guarantee your space.

Name

Address

City	
State Zip	
Email	
Home Phone	
Other Phone	
\$645 Pay in Full\$100 Deposit (\$545 Balance due April 22, 25)\$475 Return Student Pay in FullYes, I have a massage table I'm willing to bring Tables must have vinyl covering, removable headrest and adjustable height.	<b>J</b> .
To Pay by Credit Card:	
Visa MC Discover AMEX	
Card holder name	
Credit Card Number Exp. Date	
Signature	-
Billing address if different from above	
Amount Enclosed:\$645.00 pay in full\$475 return student OR\$100.00 deposi I will contact you to pay the balance by 4/22/2 Please charge the remaining balance on 4/22/2	5
Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Should yo need to cancel, your deposit will be held as a credit fup to two years. Cancellations after 4/22/25 will forfeit their tuition. I understand that I must follow all safety guidelines recommended during the workshop	or or

Please make checks payable to:

#### Sacred Lomi, LLC

P.O. Box 1206, Agoura Hills, CA 91376

April 29-May 1, 25 • Tuesday thru Thursday 8:30am to 5:30pm (one hour lunch each day)

I have read and understand the registration policy.

signature / date

We look forward to seeing you in Cocoa Beach!