## The Mountain • Highlands, NC

Advanced Sacred Lomi • Oct. 20-24, 2025 • 32 CE's \*Pre-requisite Sacred Lomi Home Study Course or a Sacred Lomi Workshop

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Address			
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Emergency Contact Nar	me & Phone	e	
Vorkshop cost includes ac	ccommodatio	ons, meals & tr	aining.
Private RoomLodge _	Cabin		\$1950
Private RoomLodgeCabin Shared Room - Shared with 1 other person		n	_ \$1550
Discount if you've attended an Advanced Training		raining	\$100
	T	OTAL	
YES, I have a massage tabl			
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I understand that this advanced practice training is an opportunity to deepen my practice of Sacred Lomi, experience the depth of my being and connect with like-hearted people. I also understand the "work" can be physically and emotionally challenging and I take full responsibility for my own being and setting my own boundaries. I understand that no alcohol or drugs are permitted on the property. I understand that if I cancel, my \$200 deposit will be held by Sacred Lomi and can be used towards another workshop. However, if I cancel after Oct. 6. 25 I risk losing my tuition. I have read and understand the policy.

Signature	Date	

We will email you a welcome packet 2 weeks before the workshop.

Please make checks payable to: Sacred Lomi
PO Box 1206, Agoura Hills, CA 91376-1206
www.SacredLomi.com • aloha@sacredlomi.com (818) 865-8813

## The Mountain Retreat & Learning Center

Highlands, NC

This Advanced Sacred Lomi Retreat is designed to help you deepen your practice, receive from other advanced practitioners and elevate your gifts as a Sacred Lomi practitioner.

The incredibly serene and uplifting energy of The Mountain Retreat, nestled in the majestic mountain forest of North Carolina, is an incredible place for transformation and life changing reflection.

At the Mountain Advanced Retreat, we slow down and focus on:

- Refinement of Sacred Lomi runs and techniques
- Aloha Holding a space of love and acceptance for self and others
- Ho'oponopono Cultivating alignment with self and others
- Ho'olohe Deep Listening
- Ho'omālamalama Deep nurturing and restoration
- Ho'omaluhia Cultivating peace within ourselves and in our relationships
- Aho Deepening breath-work and its support of our life and practice
- 'Ike Bringing awareness to our perspective and how it influences life
- Po Delving into the great mystery of who we are through dreams, meditation and journeys
- Pule Bringing intention, chant and prayer into our sessions and life



Facilitators: Tom Cochran & Donna Jason

